

Helping Seniors Enjoy the Holidays



December 20, 2017 -- West Parry Sound District Community Support Services, with the support of its partners, has been working to ensure seniors have a happy holiday. For the sixth year, the organization hosted the *Adopt a Senior for Christmas Program*.

Volunteers knit blankets, hats, scarves, and mitts; others collected items such as books, lotion, and socks which went toward the making of 135 Christmas bags. (from left to right): Carmen Broughton, Nurse Practitioner and Erica Deacon, Administrative Assistant at the Whitestone and Area Nursing Station were among the volunteers who donated their time to help deliver the bags to seniors in the Parry Sound district this week.

“The North East Local Health Integration Network (NE LHIN) would like to acknowledge West Parry Sound District Community Support Services for helping to make the holidays brighter for seniors. We know how difficult this time of year can be for the elderly, and this act of kindness gives them something to look forward to, and lets them know they are not alone.”

-- **Kate Fyfe, Interim CEO, North East LHIN.**

“This is the best Christmas I have had in a long time. I cried happy tears. The volunteers are so kind, and my bag was full of such nice things. Thank you for putting Merry back in my Christmas.”

-- **Christmas bag recipient**

West Parry Sound District Community Support Services offers a range of programs and community-based support services to seniors looking to live independent, healthy, and active lives. It is a not-for-profit organization which receives funding through the North East LHIN.

Contact:

Sacha Novack, Communications Officer, North East LHIN, 705-522-3460 ext. 5201,
sacha.novack@lhins.on.ca