

MEDIA RELEASE

NE LHIN Supports Enhancing Access to Mental Health Services in Elliot Lake

March 21, 2018 — The North East Local Health Integration Network (NE LHIN) is helping the North Shore Community Support Services (NSCSS) move to a new more accessible location to better serve the residents of Elliot Lake. The new site, located in the Paris Plaza in Elliot Lake, will help NSCSS continue to provide safe, quality services to clients.

“Our health system partners like North Shore Community Support Services do important work to help people living with mental health issues gain confidence, learn skills, and become active participants in their communities,” said Jeremy Stevenson, CEO of the NE LHIN. “The NE LHIN is pleased to support North Shore Community Support Services and their work to enhance mental health services in Elliot Lake.”

The NE LHIN is investing just over \$57,000 in NSCSS to help them transition to their new space and enhance access to community support services and activities for people living with mental health issues in Elliot Lake and the surrounding area.

“First, let me just say, ‘Thank you!’ to the NE LHIN. Your support shows you understand just how important mental health services are in our community,” said Charles Houle, President NSCSS. “Club 90, in its new home, will continue to be a place for people to belong to, make friends and receive support. We are excited to welcome everyone, during Mental Health Week in May, to take a tour, to meet and greet staff and to get to know our non-profit a little better.”



Above: Pasta-making is one of many learning activities available to clients of NSCSS. *Photo courtesy of NSCSS.*

One of the key programs offered by NSCSS is Club 90, a Psychosocial Rehabilitation Program for adults. Club 90 uses the clubhouse model to run activities each weekday, with members participating on different work units to develop new skills and abilities. For older adults, the Seniors' Mental Health Community Consultation Outreach Program offered by NSCSS uses a patient-centred approach to help with the diagnosis and treatment of mental health conditions. The program is affiliated with the Seniors' Mental Health Program of the North Bay Regional Health Centre. Older adults can be referred to the program by their family physician and/or nurse practitioner, allied health professionals and families or self.

To learn more about NSCSS, please visit: <http://www.nscss.com>

To learn more about how the NE LHIN is working to streamline access to Mental Health and Addiction services, please visit: <http://nelhin.on.ca/mentalhealth>

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