

**MINUTES OF PROCEEDINGS**

**NORTH EAST LOCAL HEALTH INTEGRATION NETWORK  
North East LHIN Patient and Family Advisory Committee (PFAC)**

**Monday, January 28, 2019**

**Teleconference**

**9:00 a.m. – 11:00 a.m.**

**Participants:**

- Alan Elliott, Laird
- Alexandra Sirois, Sudbury
- Brenda Ledietz, Blind River
- Debbie Malo, Cochrane
- Jo-Anne McCool-Maki, Sudbury
- Marie Murphy-Foran, Elliot Lake
- Rina Clark, Sault Ste. Marie
- Ronald Gervais, Sturgeon Falls
- Susan Koppisch, Parry Sound
- Sylvie Fontaine, Hearst
- Theresa Tasse, Cobalt
- Robert Porter, Sagamok Anishnawbek First Nation

**Regrets:**

- Vanessa Morris, Youth Advisor, Chelmsford
- Minnie Jeffries, Moose Factory
- Rebecca Geauvreau, North Bay
- Joe CheeChoo, Moose Factory
- Jennifer Vachon, Timmins

**NE LHIN**

- Cynthia Stables, Director of Communications and Patient Experience
- Katerine Moyer, Communications Coordinator
- Shauna Devine, Executive Assistant

**Guests:**

- Dr. Paul Preston, VP, Clinical, NE LHIN
- Terry Tilleczek, VP, Strategy and System Planning
- Phil Kilbertus, Director, System Planning, NE LHIN
- Megan Waqué, Sub-Region Director, NE LHIN
- Stephanie Paquette, Mental Health Lead, NE LHIN

AGENDA ITEM	DISCUSSION	ACTION	RESPONSIBLE
<p><b>Welcome and Roll Call</b></p>	<p>Marie welcomed members to the meeting.</p> <p>New member, Theresa Tasse, was introduced.</p> <p>Co-chair, Alan Elliott, was congratulated on being named one of the North East LHIN's Healthy Change Champions in 2018.</p>		
<p><b>Review and Approval</b> <b>i) Agenda</b> <b>ii) Minutes</b></p>	<p>Members reviewed the agenda and approved previous meeting minutes.</p> <p><b>Moved by</b> Alan Elliott <b>Seconded by</b> Jo-Anne McCool-Maki</p> <p><i>That the agenda be approved as circulated.</i></p> <p><b>Moved by</b> Jo-Anne McCool-Maki <b>Seconded by</b> Ronald Gervais</p>		

	<p><i>That the meeting minutes of September 18, 2018 be approved as circulated.</i></p>		
<p><b>Roundtable</b></p> <ul style="list-style-type: none"> <li>- What initiatives have you been involved in since our last meeting? What insights can you share?</li> </ul>	<p>Roundtable discussion was held and members spoke about initiatives that they have been involved in since the last meeting (September 18, 2018) and shared their insights. Comments from members included:</p> <ul style="list-style-type: none"> <li>- Alan continues to volunteer at the Salvation Army and is working on two unique patient stories that he hopes to share with the committee at its next meeting.</li> <li>- Debbie completed the online IDEAS training course, continues to participate on the NE LHIN’s rural ALC avoidance framework workgroup and on the NE LHIN’s quality committee.</li> <li>- Alexandra continues to participate on the eReferral and MSK (Musculoskeletal) Steering Committee as well as the NE LHIN’s rural ALC avoidance framework workgroup.</li> <li>- Brenda continues to participate on the Algoma Home and Community Care Network Committee meetings and noted positive progress on projects underway. Brenda also participated in an elder abuse seminar and is currently involved in the palliative care program at the local hospital.</li> <li>- Jo-Anne participated in a teleconference meeting for the Regional Quality Committee. She also attended Health Sciences North’s validation session for their strategic planning process as well as participated in the NE LHIN’s PSW taskforce. Jo-Anne noted that she is chair of the Family Council at Extendicare York and they are working on creating a mentorship program for families who have loved ones going into long-term care.</li> <li>- Rina is currently working on a fundraising initiative at a long-term care home in Sault Ste. Marie and participated on the NE LHIN’s PSW taskforce.</li> <li>- Ronald helped to chair the NE LHIN’s Integrated Health Services Plan focus group session in Sturgeon Falls and participated on the NE LHIN’s PSW taskforce.</li> <li>- Su continues to volunteer at the West Parry Sound Health Centre (WPSHC) in the rehab unit. She noted that she assisted WPSHC with setting up its own patient and family advisory committee.</li> <li>- Sylvie noted that her organization hosted a recruitment fair with the hospital and other employers in December. She noted that the recruitment and retention of health human resources remains a challenge in Hearst.</li> </ul>		

	<ul style="list-style-type: none"> <li>- Theresa noted that she has been researching and familiarizing herself with the work of the PFAC. She noted that she is also involved in age friendly initiatives in her community of Cobalt.</li> <li>- Robert is involved in many initiatives in his community and noted that there are many conversations over health care and wants to see more mental health supports in the region. He also recently became a member of the Espanola Hospital PFAC.</li> <li>- Marie completed the online IDEAS training course and noted that she will present to a group of volunteers on the work of the NE LHIN PFAC at the Hospital Auxiliary conference for Northeastern Ontario in June.</li> </ul>		
<p><b>NE LHIN Update on IHSP5</b></p> <ul style="list-style-type: none"> <li>- Cynthia Stables</li> </ul>	<p>Cynthia provided an update on the Integrated Health Services Plan (IHSP) priorities that were developed through engagements throughout the summer of 2018. Cynthia thanked members for their active participation and assistance with the engagements and also applauded the work and time of Co-Chair Alan and Marie as they sat on the Regional Steering Committee for the IHSP. Cynthia noted that the Board of Directors approved the IHSP in January and that it is currently with the Ministry of Health and Long-Term Care, awaiting approval to publicly launch. To accompany the IHSP priorities, Cynthia asked PFAC members to author a patients perspective on the IHSP – what they envision the system will look and feel like by 2022 She noted she will send around a series of questions for members to answer which will provide the basis of this IHSP PFAC perspective.</p>	<p>Send questions to PFAC members to help draft PFAC perspective for IHSP priorities.</p> <p>Provide a presentation on the annual business plan at the next PFAC meeting.</p>	<p>Cynthia</p> <p>Cynthia</p>
<p><b>Brief update on PSW Taskforce</b></p> <ul style="list-style-type: none"> <li>- Phil Kilbertus</li> </ul>	<p>Phil provided a brief update on the PSW taskforce. He noted that the taskforce finalized an action plan which has been supported by the NE LHIN Board of Directors and Senior Leadership. Next steps are to strike a North East PSW Workforce Steering Committee (Jan-March 2019) to guide the implementation of the strategies identified in the Action Plan.</p>	<p>Provide a detailed update on the PSW action plan at the next meeting.</p>	<p>Katerine</p>
<p><b>Integration Strategy</b></p> <ul style="list-style-type: none"> <li>- Phil Kilbertus</li> </ul>	<p>Phil provided an update on the NE LHIN’s Integration Strategy that is being developed. PFAC members were presented with a series of questions for discussion.</p> <p>Questions and comments following the presentation include:</p> <ul style="list-style-type: none"> <li>- The Integration Strategy needs to show how it will benefit patient care.</li> <li>- It is important to shift the culture of “silo thinking.”</li> <li>- Providers and health care professionals need to be held accountable.</li> </ul>	<p>PFAC to provide further comments and input to Cynthia following the meeting.</p> <p>Provide PFAC with additional resource documents on integration.</p>	<p>PFAC members</p> <p>Terry Tilleczek</p>

	<ul style="list-style-type: none"> <li>- The word “integration” has a negative connotation with people.</li> </ul>		
<p><b>Dr. Brian Rush’s Needs-Based Planning Addictions Report</b></p> <ul style="list-style-type: none"> <li>- Dr. Paul Preston and Megan Waqué</li> </ul>	<p>Dr. Paul Preston and Megan Waqué provided an update on Dr. Brian Rush’s needs-based planning pilot project. It was noted that the Nipissing district was selected by the Centre of Addictions and Mental Health and Dr. Rush as a pilot site for a Needs-Based Planning Model – the first community in Canada to be selected.</p> <p>Questions and comments from members following the presentation included:</p> <ul style="list-style-type: none"> <li>- Many parts of the system are not connected.</li> <li>- There is an imbalance of addictions care within communities in the NE LHIN.</li> <li>- The Elliot Lake community can learn a lot from this model as many residents who attend a residential treatment centre in Elliot Lake end up staying in the community following treatment and the resources to support them are not there.</li> <li>- It’s important to create healthy communities and there needs to be an element of prevention in this model.</li> </ul>		
<p><b>Request for PFAC involvement (Expanding Peer Support Program)</b></p> <ul style="list-style-type: none"> <li>- Dr. Paul Preston and Stephanie Paquette</li> </ul>	<p>Dr. Preston provided an overview of Peer Support in Emergency Departments and an opportunity for PFAC members to participate in a project to expand Peer Support in the Emergency Departments at Health Sciences North, Sault Area Hospital and Timmins and District Hospital. Members commented that this is a positive step for hospitals and encouraged the NE LHIN to consider expanding to small and rural hospitals in the region.</p>	<p>Members to email Cynthia if they are interested in being part of this project.</p>	<p>PFAC members</p>
<p><b>Next Steps</b></p>	<p>The next meeting will be on Tuesday, March 5, 2019 in Sudbury.</p> <p>Members were encouraged to submit agenda ideas to Cynthia. It was mentioned that during the next meeting, the PFAC work plan will be finalized and a new work plan for 2019-2020 will be created.</p>		
<p><b>Closing Remarks and Evaluation</b></p>	<p>PFAC brings an important perspective to NE LHIN initiatives and helps the LHIN stay focused on what matters most – improving the health and wellness of people living in Northeastern Ontario.</p> <p>Meeting adjourned at 11:02 a.m.</p>		