

# Welcome to the first issue of our quality-focused e-newsletter!

To improve patient outcomes and health care experience, the North East LHIN wants you to be part of a North East quality network that is informed of best practices in quality health care. This newsletter, along with materials found on our website, will help keep you informed of NE LHIN and HQO efforts on this priority, led by Dr. Reena Dhatt, one of the LHIN's seven health care leads. If you have questions about any information here, please contact the NE LHIN's quality file lead, Jenn Osesky, through quality@lhins.on.ca.

#### **Quality Standards (QS) and Quality Based Procedures (QBPs)**

Both QBPs and Quality Standards were developed to address variation in care across the province by focusing on the delivery of standardized, evidence-informed practices. Both are evidence-based and provide guidance on what high quality clinical care looks like.

#### **Quality Standards**

- QS are intended to reflect the entire patient journey across the continuum of care and are also designed to help patients and families know what to expect in their care.
- They are concise statements designed to help clinicians easily and quickly know what care they should be providing, based on the latest and best evidence.
- QS are written in a very accessible format with indicators that can be used for local measurement, making them a great resource for your Quality Improvement Plan (QIP), QI projects, or meeting accreditation standards.

For a listing of current and upcoming Quality Standards, please click here.

### **Quality Based Procedures**

- QBPs are primarily acute care focused.
- QBP clinical handbooks are detailed guidance materials to help hospitals understand which patients are included in the funding model based on the care that is provided and how care should be provided to those patients.

For information on current Quality Based Procedures, please click here.

### **Regional Quality Table**

Last September, the North East Local Health Integration Network (NE LHIN) set up a Regional Quality Table, a first for the region, chaired by Dr. Reena Dhatt, NE LHIN Clinical Quality Lead, Quality is an integral part of the NE LHIN's Integrated Health Service Plan 2016-2019. The table is focusing on regional quality challenges and initiatives, and developing and implementing a plan for reporting on performance indicators and priorities that drive both system improvements and patients' health care experience.

## Are seniors taking too many meds?

2 out of 3 Canadians over the age of 65 are on at least 5 different prescription medications – some of which may cause more harm than good.





1 out of 4 Canadians over the age of 65 take at least 10 different prescription medications.

# Seniors who fill at least one risky prescription in Canada



Find out more on deprescribing by clicking here.

## **Quality Rounds**

April 20 - Primary Care moving forward together. This is a talk on primary care quality, led by Dr. David Kaplan with a panel from across the province.

Save the date!

To register please click here.

## **Upcoming Events**

- This fall: The Quality Forum. More details coming soon!
- IDEAS is now accepting applications for two Advanced Learning Program cohorts. To apply, click here.

## **Quality in the North East**

To subscribe to future issues of this newsletter please register at www.nelhin.on.ca/quality