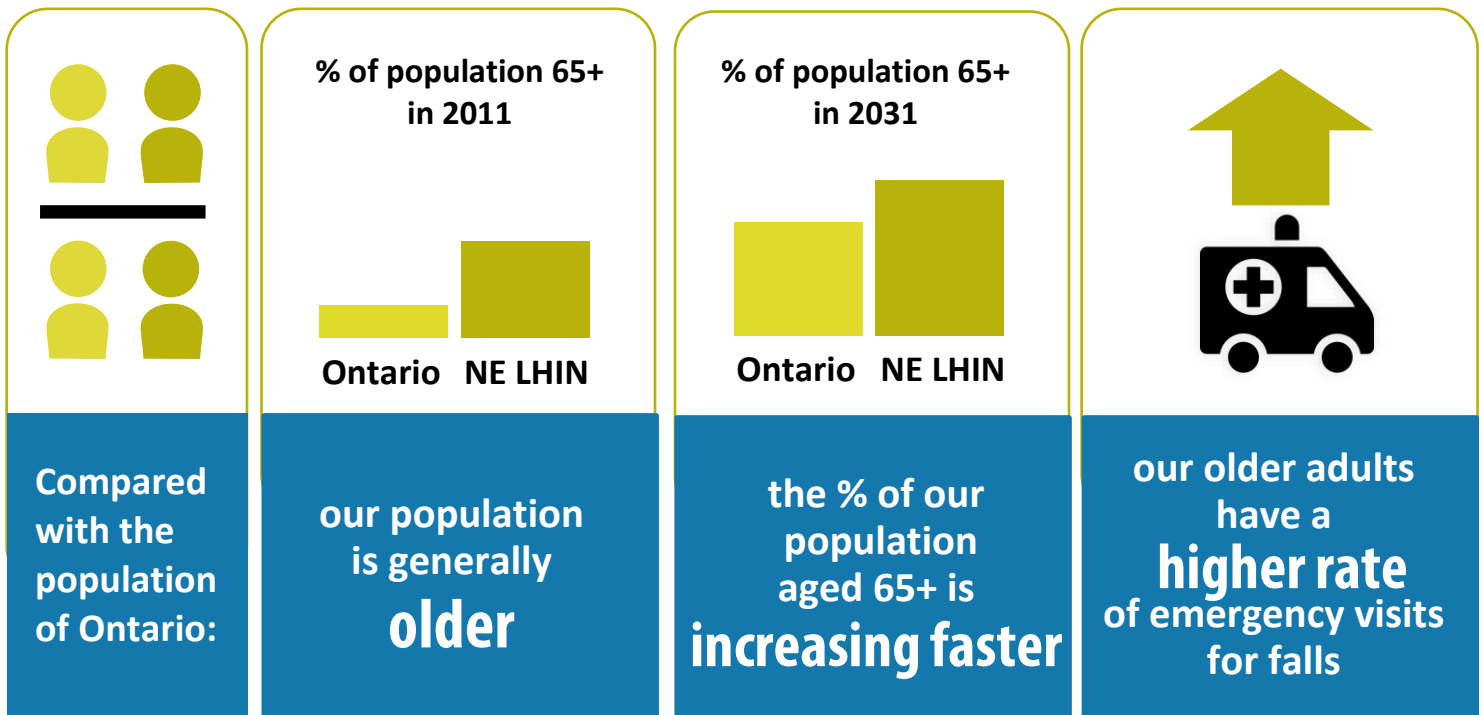



# Falls are a **SERIOUS** health concern in Northeastern Ontario



## So here's what we've done!

- Partnered** with 6 family health teams, 5 public health units, Stay On Your Feet, and the North East LHIN.
- Adapted** a best-practice falls risk assessment algorithm into the TELUS EMR. Over 500 patients screened during pilot.
- Integrated** a 3-minute patient self-risk screen questionnaire. Over 30% of older adults screened as high-risk. Assessment and intervention followed.
- Offered** free exercise classes in the community, including "From Soup to Tomatoes." 
- Linked** patients to community resources and interventions to prevent falls, and stay on their feet.

**Family Health Teams say it's easy, fast, comprehensive, and promotes teamwork.**

## ...and now you can too!

Contact us and learn how to incorporate this into your practice.



**STAY ON YOUR FEET**  
[www.nelhin.on.ca/stayonyourfeet](http://www.nelhin.on.ca/stayonyourfeet)  
**Contact: Wendy Carew - wendy.carew@lhins.on.ca**

